

Announcements

QLS Participant Fee & Card

We continue to appreciate your donation of \$50.00 per year due in September for the period of September 2014 to August 2015. This \$50.00 is used to defray the cost of meals and may be paid in the program office. If you have paid your \$50.00 donation, please check at the auditorium entrance (on Mondays after the Empowerment Meeting) or in the program office to see if your card is available.

Men's Healthy Living Webpage

Be sure to check out the recently launched Men's Healthy Living page on the Quality Living Services website. A program description, meeting time and place, and health related links are just a few things that can be found on the page. Check it out here.

Quality Living Services, Inc. Presents QLS Seniors Enjoying Their Golden Years Featuring Seniors in Motion with Leslie Mangum

The long awaited DVD featuring the seniors of QLS is now available. Be sure to pick up your copy today.

Change of Personal Information

If your address or telephone number has changed recently, please fill out a "Change of Information" form in the Auditorium Corridor or Program Office.

Calling All Men

You are invited to come and enjoy the "Healthy Living Class" each Wednesday 10:00 a.m. - 12:00 p.m. in the Anne Wood Room.

Order Your QLS Items Today!

Available for order: T-Shirts (short or long sleeve); Jackets; Gold Shirts; Caps and Tote Bags. Show your "QLS Spirit" and wear your items with pride! Orders may be placed TODAY in the auditorium corridor or program office.